

## Case study:

# A joined up approach to food poverty in Brighton & Hove

### Why?

Brighton & Hove has seen an increase in food poverty, with the number of food banks increasing from 2 to at least 10.

### Food Banks and Emergency Food Network

In 2013, the Food Partnership set up this network so that emergency food providers could share learning, improve links with advice services and take a 'bottom up' approach to identifying food poverty issues, which the Food Partnership then bring to decision makers.

### Joining up resources

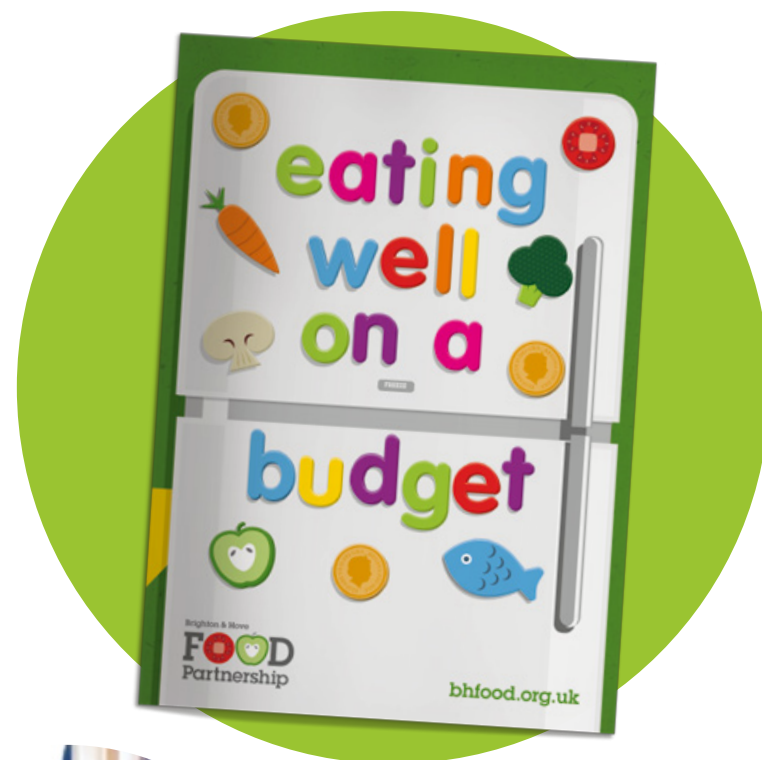
Food poverty awareness training sessions plus a regularly updated web page ensure that advisors, volunteers and health workers can signpost to both emergency food aid and support with underlying issues.

### Resources webpage:

[www.bhfood.org.uk/food-poverty-advice-for-advisors](http://www.bhfood.org.uk/food-poverty-advice-for-advisors)

### Other pieces in our city's jigsaw

- Projects such as community lunch clubs and school holiday summer clubs
- Anti-poverty initiatives including financial and digital inclusion; fuel poverty reduction; and campaigns for living and dignified benefit levels.
- Cookery lessons and advice on shopping and eating well on a budget
- Good quality community meals ('meals on wheels') as these reach those who can't access help elsewhere.
- The Brighton & Hove Living wage campaign.



Eating well on a budget leaflet



Bevendean community cafe and food bank

# How to refer people to emergency food in Brighton & Hove and what else to consider

## Are they...?

✗  
Not eligible for LDSF Support?

⚠  
Too hungry to think and in need of a meal?

✓  
Eligible for LDSF Support?

On means-tested benefits or tax credits, or a low income

😊  
Parents or carers of kids under 5 in:  
Moulsecoomb  
Whitehawk  
and Tarners

## Support for underlying issues

**Advice Services and money advice**  
www.advicebrighton-hove.org.uk

Support with debt, benefits, fuel bills and referrals to food banks

**BUCFP**  
Free lunch in an emergency and advice (Monday to Friday)

Or... Soup Run etc. evenings and weekends

**LDSF – Local discretionary social fund**

Help in an emergency: with food, goods and fuel bills

**Community and longer term options**

- Lunch clubs
- Growing projects
- Community cafes
- Community cookery classes

**Food Banks**

Emergency food (not for long term use) and signposting to advice (NB. A few are 'drop-in' but most need a referral)

Drop-In food banks

Referral food banks

Children's centre food banks

For more information and contact details see:  
[www.bhfood.org.uk/food-poverty-advice-for-advisors](http://www.bhfood.org.uk/food-poverty-advice-for-advisors)

Food bank plus a package of advice for families with children under 5